



Weekly



keep
dreaming...



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Front cover image: Injidup Natural Sap, WA
©Tourism Australia



From the Publisher

Jenny Piper

News in this week that a potential bubble with New Zealand may open very soon with Kiwis allowed to come into NSW is great news for the tourism industry, and although Aussies will not be allowed to go to New Zealand yet, the talk is perhaps by Christmas. And with South Australia now open to NSW we have a few options for the next trip. So for all of us who love to travel – it's time to start researching that summer holiday! Pop in and see your local travel agent and see what is on offer.

We have another great issue for you this week – a peek at Japanese National Parks, where to have a good high tea in London, and for those who love being out on the water a look at fantastic sailing holidays. As always some puzzles and quizzes to keep the mind active.

We would love to hear your feedback on our little mag – let us know what stories you enjoy and what you would like to read about. Email me at info@travelandcruiseweekly.com.au.

Keep dreaming, keep planning – we will travel again soon, and for more inspiration follow us on **Instagram** (@travelcruiseweekly) and **Facebook**.

XX Jenny

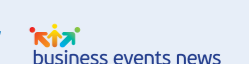
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The Loch Ard Gorge, VIC

While we can't travel there yet, now is a great time to start planning an incredible road trip along the Great Ocean Road. Schedule a long stop at the stunning Loch Ard Gorge, where over time rock has been eroded to form incredible formations including blowholes and off-shore stacks. Explore the scenery via one of the many walking tracks, with options for all skill levels.



©Tourism Australia/Time Out Australia

For foodies



It's high time you have a cup

Few things could be more English than enjoying a banquet of fine tea, moist scones and delicate desserts, so the next time you find yourself travelling to London, make sure you reserve some space to enjoy the jolly good culinary delights of a high tea experience. For visitors seeking to catch a glimpse of high society, head to The Savoy hotel and feast on a combination of homemade scones with clotted cream, finger sandwiches, artisan cakes and a wide tea selection from JING. High tea is part of the DNA of this iconic luxury hotel, with the option being available for patrons since it opened back in 1889. Dining like the Queen here will set you back £75.

Those looking for a modern English twist on this traditional affair, stop by Farmacy in Notting Hill, famous for its vegan delights. The plant-based restaurant offers up its own slant on the English high tea experience, with all teas here free from dairy, refined sugars and additives. Accompanying the meal is a selection of sweet treats such as mango and passionfruit cheesecake, garden berry pavlova and scones served with coconut clotted cream. Savoury alternatives include smoked tofu and truffle wraps, spinach and mushroom quiches and cucumber and dill sandwiches. High tea here will set you back £50.



In the News

Rex set for jets

Australia looks like it will see more airline competition, after Regional Express last week announced it had secured funding for a new jet service operating between Sydney, Melbourne and Brisbane.

The move, likely to use ex-Virgin 737s, would expand the airline's operations beyond its mainstay of regional turboprop flights, with a start date as early as March 2021 mooted. The carrier's Executive Chairman, Lim Kim Hai, said he was encouraged at the financing deal, adding "as a well-established carrier with an impeccable track record I am confident that

Rex will deliver to Australians an alternative major city domestic service that is safe, reliable and affordable. "Rex's affordable fares will support Australia's economic rebuild and recovery efforts," he promised.

P&O to farewell Dawn

P&O Cruises Australia has managed to secure a new purchaser for its *Pacific Dawn* which will leave the line's local fleet in the coming weeks after over 13 years.

The mainstay of the fleet, with capacity for just over 1,500 passengers, was billed as Australia's "first superliner" when she commenced

operations out of Sydney in late 2007. She had previously been set to join the Cruise & Maritime Voyages fleet next year, but the COVID-19 related demise of that cruise company put paid to that plan and has now seen an alternate buyer secured.

Many Aussies and Kiwis have fond memories of *Pacific Dawn* which has carried more than 1.3 million people from local ports over the last 13 years on over 610 voyages.

P&O Australia CEO Sture Myrmell said while he was disappointed there would not be a farewell voyage, "I am excited about our future as we keep evolving as a brand and look to welcoming *Pacific Adventure* and *Pacific Encounter* to the fleet".

Sail into the sunset

Sailing is an activity that can take many people out of their comfort zone, but it offers a unique way of seeing the world and, as Myles Stedman discovers, there's a sailing holiday to suit any skill level.



Whether you are looking for a different way to experience a place you have been before, or some tranquillity in a destination otherwise packed with tourists, you are never too young or old to become a sailing holiday convert. A sailing trip offers the opportunity to explore in your own time, find hidden treasures most tourists will not be privy to, and escape the hustle-and-bustle of the busiest destinations. Like other types of holidays, there's a sailing adventure to suit anyone, from total novices to salty sea dogs. More experienced sailors can hire just a vessel, while beginners can hire a crew as well, and you can even join a flotilla and sail with other travellers. And for those who want to up their skills, some companies offer sailing schools with courses for travellers with no experience or lots, and anywhere in between.

When it comes to destinations that lend themselves to a sailing holiday, there's a huge variety. Sailing is beginning to become almost as synonymous with Fiji as flop-and-drop holidays, and for good reason. The nation's wide range of operators, small and large, boutique and upscale, chartered and self-sail, means all levels of familiarity with this sector can get involved. Fiji gives plenty of opportunities for those who like to have more active adventures, with islands such as Rotuma, Savusavu and Vanua Balavu Island offering the chance to try scuba diving, snorkelling and hot springs. Visitors to Yasawa Island may also be lucky enough to spot a manta ray. On or off the boat, there are few better destinations around the world explored as well by sea, as Fiji.

It's not hard to see that exploring Greece by boat is a no-brainer, with over 6,000 islands, each as unique as the last. Sailing around destinations such as Santorini, Mykonos, Crete



Left: Depending on your level of confidence, you can sail by yourself or in a flotilla with a lead crew along a set sailing route.

Right: Sailing means you can drop and anchor and cool off almost whenever it takes your fancy



and Naxos is an experience not to be missed in this nautically-inclined nation. Cliffside beaches, volcanoes and villages are all on offer for those exploring the Greek Islands by boat, many of which are not easily accessible except by sea. And if you set out from Athens you can explore iconic landmarks such as the Acropolis and the Parthenon.

Although sailing may not come straight to mind when visiting Turkey, this style of travelling can be a fantastic way to get a different perspective of the country, once you have finished marvelling at the Hagia Sophia and the Blue Mosque. This transcontinental destination straddling two seas offers no shortage of regions to be visited via

boat, and a wide variety of experiences to be had. Visit Gocek for its beaches and marinas, check out Bodrum for its ancient castles and architecture, hit up Marmaris for its nightclubs, and if you're after some relaxation, drop anchor at one of the many small islands off the shores of Fethiye.

The diverse landscapes of the United States are usually what you think of when considering travel to this country, but exploring the nation's vast coastline by sail boat offers just as much variety. You can visit iconic sailing destinations like Rhode Island and Nantucket, while the tropical climate of Florida is sure to please those looking for a beach holiday.

Of course the Caribbean

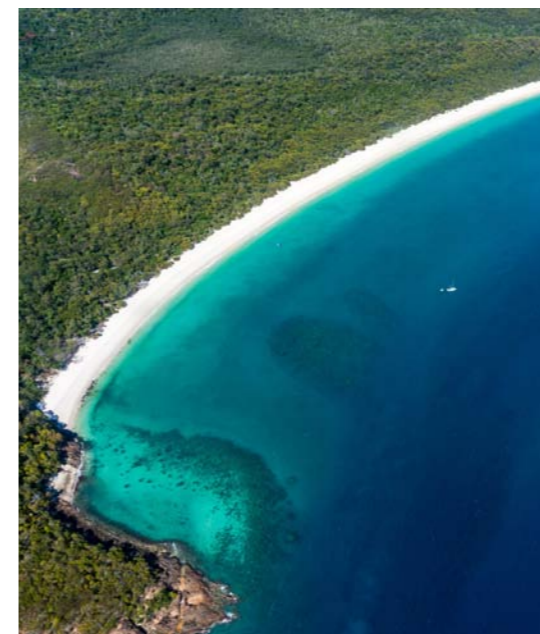
“
The diverse landscapes of the United States are usually what you think of when considering travel to this country, but exploring the nation's vast coastline by sail boat offers just as much variety
 ”



Sunsail is one of a number of companies that offers sailing holidays, with charters, hire and sailing school all options ©Sunsail



Top: Explore destinations like Paros in Greece



Middle: You might have the beach to yourself on a sailing holiday like at Whitehaven Beach in the Whitsundays, Australia

Bottom: Sailing into Santa Catalina Island off the coast of California



is synonymous with sailing and the Bahamas offers a great blend of convenience and blissfulness. The capital Nassau's bustling port begs you to explore the rest of the country via boat, and whether you are self-sailing or are being led around by a more experienced local, be sure to visit Great Abaco in the Abaco Islands, with its shallow waters and coral reefs perfect for fantastic snorkelling. Eleuthera offers beaches, caves, and swimming at its stunning blue holes, and of course, if you are near the water in the Bahamas, you are always a chance to spot one of the country's famous swimming pigs.

Finally if you're after a once-in-a-lifetime sailing holiday, why look any further than Australia? Wherever you may be in this vast land of ours, head for the coast and you'll find yourself a fantastic starting point for a sailing adventure. Sydney's many heads and inlets offer an idyllic locale for a self-sailing odyssey, and the NSW coast with its many beaches and accompanying towns offers a great variety of stop-off points. For the best seaborne experiences, head up to Queensland, where the Whitsunday Islands offer white sand beaches and diving. Hit up Port Douglas' Macrossan Street and Four Mile Beach, or head to Hamilton Island, and explore Passage Peak, or hang out with millions of your fellow water-loving Australians who call the Great Barrier Reef home.

Other destinations that suit a sailing getaway include Croatia, Italy, French Polynesia, Tonga and even Canada and the UK. To book a sailing escape, get in contact with your local travel agent who can find you the perfect getaway to suit your sailing skill level.

Take four

Japan is known for bullet trains, sushi and busy cities. But the country also offers incredible natural scenery. Here are some of the national parks that we think are worth a visit.

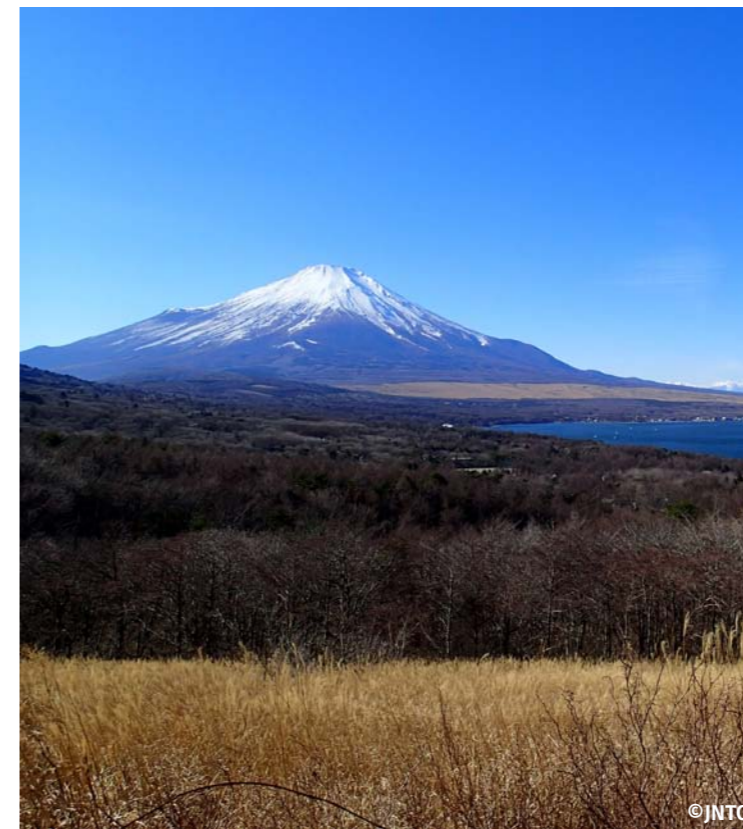


Shiretoko National Park

To see Japan at its most pristine, look no further than Shiretoko National Park, located in eastern Hokkaido on the unspoiled Shiretoko Peninsula. While some of the park is accessible by road, no track leads particularly far, heightening the sense of isolation and escapism experienced here, with the far northern tip only accessible by boat or extensive hike. In this nirvana of nature, travellers can get up close and personal with local wildlife such as deer and foxes, but make sure you keep your eyes peeled for the resident brown bears that call this region home.

Daisetsuzan National Park

Daisetsuzan is located on Japan's most northern island, Hokkaido, and is its largest national park. The area is mountainous, with plenty of wildlife to spot including brown bears and deer. If you're wanting to get away from it all, Daisetsuzan is definitely the place to go. There are many hiking tracks throughout the park, best tackled between late June to September. A number of onsens (inns) around the edge of the park make a great base for exploring the park, particularly Asahidake Onsen, which has a ropeway leading to some easy trails around sulfurous vents.

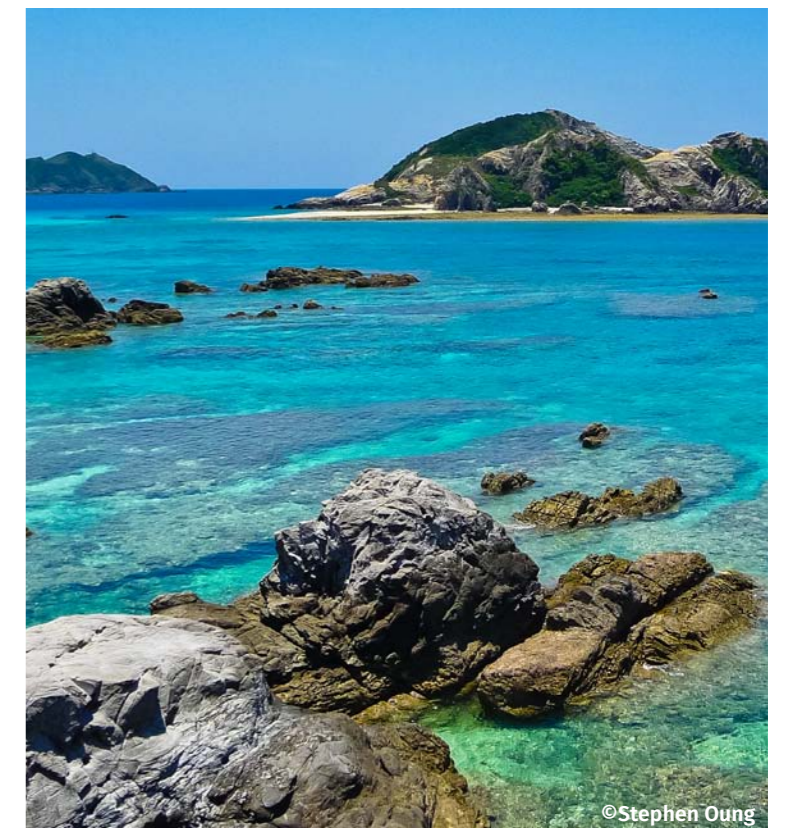


Fuji-Hakone-Izu National Park

Located close to Tokyo and containing Japan's tallest mountain, Mt Fuji, this national park is both easy to visit and also stunning. As well as Mt Fuji, the large national park encompasses Hakone, the Izu Peninsula and the Izu Islands. The scenery ranges from mountains and lakes to islands, and visitors can enjoy hot springs and fresh seafood. The Izu Islands are a popular diving spot for many. In the Hakone region, make sure you drop in to the hot springs and Owakudani, which is an active volcanic zone complete with hot rivers, springs and sulfurous fumes, as well as views of Mt Fuji on clear days.

Kerama Islands National Park

Sunbathing isn't immediately something you associate with Japan, but that's certainly a popular activity in the Kerama Islands. Of these 36 islands, only four are inhabited, meaning there are plenty of untouched spots to explore. The national park is characterised by its pristine white sand beaches and the clear blue waters of the East China Sea. The islands are rimmed by coral reefs and include world-leading dive spots. Depending upon the time of year you visit, you'll also get a chance to do some whale-watching, getting up close with the gentle giants of the sea from January to March.



Keep your cruising dream alive

What ship is that?

Cruise ships can often be seen breaking up the endless blue that is the ocean with their colourful liveries and calling-card design features. So we've decided to help you spot exactly what ship is sailing by, and why your favourite ships look the way they do.



World Dream Dream Cruises

Artworks often tell stories, but it's rare for that to be true of the art that appears on the side of cruise ships. *World Dream* is Dream Cruises' follow up to *Genting Dream*, and its artwork is a spinoff also, with *A Tale of Two Dreams* depicting the meeting of the two lovers, the astronaut and mermaid, first foreshadowed in *Genting Dream's Voyage of a Lover's Dream...* still following?

Norwegian Bliss Norwegian Cruise Line

Norwegian Cruise Line's *Norwegian Bliss* was designed for Alaska, and as a result, its livery was designed by Wyland, one of the world's premier marine life artists. Featuring a mother and baby humpback whale, the art also includes a number of other animals, such as penguins and turtles. We're not sure if this is going to restrict the ship's destinations in the future, but it would be interesting to see a family of whales floating through the Mediterranean.



Mein Schiff Herz TUI Cruises

Although the cursive is not entirely legible and is in a language the writers of *Keep Dreaming* do not speak, it's hard not to say TUI Cruises' *Mein Schiff Herz's* livery is not striking. Few if any cruise ships float around the world with messages adorning their hulls, but TUI's oldest vessel still does, with the ship's navy-blue exterior broken up with white script.

Whose flag is this?



Despite the centre of this flag being a basic circle, it actually represents a parasol or royal umbrella, which was part of the king's ceremonial regalia. As well as symbolising the parasol, the centre disk pays homage to another country's flag who supported the independence movement. Do you know whose flag this is?

Sudoku

BEGINNER

The aim of Sudoku is to complete the entire grid using the numbers 1-9. Each number can only be used once in each row, column and box.

					6		9	
3			9	5	1		4	6
6	9	1		7		3		
5		6	1					2
8								7
1					4	5		3
		7		1		8	3	4
9	6		3	4	5			1
	1		7					

www.sudokuoftheday.com – visit them and get a new Sudoku every day!

Pub quiz

1. What is the most populous city in the Levant region of the Middle East?
2. Before Manila, what was the first capital of the Philippines?
3. What is the most populous city in the Southern United States?
4. When Fiji gain independence from the United Kingdom?
 - a) 1960s
 - b) 1970s
 - c) 1980s
5. Which English actress serves as the godmother for the luxury yacht Scenic Eclipse?
6. Tidbinbilla Nature Reserve is closest to which Australian city?
7. Brightline, the United States' first new private train operator in decades, currently serves which three Florida cities?
8. The Buddhist temples Wat Arun and Wat Pho are in which city?
9. Is Hobart closer to the equator or the South Pole?
10. What country was formerly known as Rhodesia?

Pub quiz

1. Which major US agency was created as a result of the September 11 attacks?
2. Russia's COVID-19 vaccine candidate shares its name with which Cold War-era technological development?
3. In terms of population, what is the smallest African country?
4. Which hotel opened in 1865 as Europe's first "Grand Hotel"?
5. Which cruise line features the Union Jack as its livery?
6. The Murray River reaches the ocean at which South Australian lake?
7. Lebanon's capital Beirut has been inhabited for how long?
 - a) More than 4,000 years
 - b) More than 5,000 years
 - c) More than 6,000 years
8. Queensland's Skyrail Rainforest Cableway runs above which national park?
9. The longest train service by distance operates between which two cities?
10. What is the second-largest city in the United Kingdom?

Where in the world?



This structure is the oldest currently standing Islamic monument, being built in the late seventh century. It is not technically a mosque, but is the first major Muslim monument for public worship. The structure is built over a rock which is sacred to two different religions. Both the interior and exterior of this monument are decorated with marble, mosaics and metal plaques. Do you know what this building is called and where it is located?

Unscramble

How many words can you make out of these nine letters? Every word needs to include the centre letter, have four letters or more and not be a proper noun or a plural. You can only use each letter once.

E	R	C
R	F	N
O	I	E

NOTE:
We've used
Chambers
Dictionary
to decide
what
words are
acceptable.

Good – 15 words

Very good – 22 words

Excellent – 29 words

Where in the world?



A geothermally heated stream that you can play, bathe and relax all year round? Surely not. Set amongst lush native bush this 2m waterfall is surrounded with natural hot pools, designed for those travellers who want to get off the beaten path and relax in nature. This is definitely a hidden gem, but the question is where?

Sudoku

FIENDISH

The aim of Sudoku is to complete the entire grid using the numbers 1-9. Each number can only be used once in each row, column and 3x3 box.

			9		5		8	
	5				4			
7	2			8				
		6		7				1
8			4	5	9			3
5				6		7		
				9			1	7
			5					6
2		3			8			

www.sudokuoftheday.com – visit them and get a new Sudoku every day!

Romance & relaxation in NZ

L	V	E	P	M	O	Y	Z	H	S	K	G	R	U	R
L	U	F	S	F	Y	T	O	T	K	T	N	O	I	E
V	I	X	Y	I	H	R	A	H	C	M	I	M	A	J
S	P	A	U	E	L	R	E	E	F	T	R	A	M	U
F	M	U	R	R	G	A	N	T	C	G	E	N	Q	V
L	X	M	Z	A	Y	N	T	L	R	K	P	C	G	E
M	A	Q	Z	C	O	L	K	I	G	E	M	E	S	N
L	Z	I	S	C	R	P	O	Y	V	A	A	P	X	A
E	N	H	E	F	D	A	C	D	T	E	P	T	A	T
G	E	R	U	T	A	N	F	Y	G	T	R	G	S	E
Z	G	W	E	J	K	M	I	F	W	E	O	H	D	Y
R	E	L	A	X	I	N	G	M	Q	Y	S	U	A	D
D	N	A	L	A	E	Z	W	E	N	L	H	H	S	O
G	O	N	A	O	I	O	D	V	V	F	W	T	Z	B
I	B	W	X	E	E	T	O	E	H	K	B	V	D	P

See if you can find these words. They are hidden horizontally, vertically and diagonally, forwards and backwards.

Pub quiz

1. The Ayutthaya Kingdom preceded which modern-date state?
2. After Hobart and Launceston, what is Tasmania's third-largest town?
3. Is Great Britain an island, a country, or an archipelago?
4. Qantas Chief Executive Officer Alan Joyce initially joined the airline industry with which carrier?
5. Which country's seal features a chrysanthemum?
6. Roughly what percentage of South Africans are Bantu, or "black African"?
 - a) 70%
 - b) 80%
 - c) 90%
7. Canberra took the title as capital of Australia from Melbourne in which decade?
8. Is Istanbul Airport located in the Asian or European side of the city?
9. What is the smallest Asian nation by both land area and population?
10. What is the capital of the United Arab Emirates?

Whose flag is this?

This flag was actually heavily influenced by the French, despite not sharing any of the same colours except for the central white stripe. Three colours correspond with the national motto of unity, discipline, labour and represent national growth, peace and unity and hope for the future. Do you know whose flag this is?



Where in the world?



The shape of this bridge was inspired by the geometric arrangement of a DNA strand. It's a curved bridge that stretches 280m across a river and allows pedestrians to cross the waterway, while keeping them slightly away from the adjacent vehicular bridge (except in the centre where the two bridges are connected). Do you know where in the world this is located?

Unscramble

How many words can you make out of these nine letters? Every word needs to include the centre letter, have four letters or more and not be a proper noun or a plural. You can only use each letter once.

R	A	L
G	O	R
M	I	E

Good – 21 words

Very good – 31 words

Excellent – 42 words

NOTE: We've used Chambers Dictionary to decide what words are acceptable.

Know your brands

Logos are the main way that companies distinguish themselves, and some logos are so famous that you don't even need to see the company's name to know who it is. See if you can identify these four logos.

1



2



3



4



All answers are on page 22

Make it at home

These days, going out for a cocktail looks very different, so why not make one of our unique cocktail recipes at home!



Don Pedro

This recipe comes to us from Bench Africa. In Southern Africa the Don Pedro is a classic dessert cocktail and it's usually made with Amarula but almost any alcohol can be used, even whiskey. According to Bench Africa it's a perfect end to a busy day on safari or, when we can't go on safari in Africa, just a busy day.

Ingredients

1-3 shots Amarula or Baileys (or any milk liqueur)
3 scoops vanilla icecream

Method

Add the ingredients to a blender. Depending on how strong you like your cocktail you can use between 1 and 3 shots of the liqueur.
Blend until combined.
Serve in a glass immediately.

Puzzle answers

Page 18

Pub quiz: 1 Transport Security Administration, 2 Sputnik, 3 Seychelles, 4 The Langham, London, 5 P&O Cruises UK, 6 Lake Alexandrina, 7 b) More than 5,000 years, 8 Barron Gorge National Park, 9 Moscow and Pyongyang, 10 Birmingham

Whose flag is this: Laos

Sudoku:

7	4	5	2	3	6	1	9	8
3	8	2	9	5	1	7	4	6
6	9	1	4	7	8	3	2	5
5	3	6	1	9	7	4	8	2
8	2	4	5	6	3	9	1	7
1	7	9	8	2	4	5	6	3
2	5	7	6	1	9	8	3	4
9	6	8	3	4	5	2	7	1
4	1	3	7	8	2	6	5	9

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Pub quiz: 1 Amman, Jordan, 2 Cebu City, 3 Houston, 4 b) 1970s, 5 Helen Mirren, 6 Canberra, 7 Miami, Fort Lauderdale and Palm Beach, 8 Bangkok, 9 The Equator, by 500km, 10 Zimbabwe

Unscramble: coif, conifer, enforce, enforcer, fence, fencer, fern, ferric, fierce, fiercer, fine, finer, fire, firer, force, fore, free, freer, freon, frier, infer, info, reef, refer, refine, refiner, REINFORCE, rife

Where in the world: Dome of the Rock, Jerusalem, Israel

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Pub quiz: 1 Thailand, 2 Devenport, 3 Island, 4 Aer Lingus, 5 Japan, 6 b) 80%, 7 1920s, 8 European, 9 Maldives, 10 Abu Dhabi

Where in the world: Kerosene Creek, Rotorua, New Zealand

Sudoku:

6	3	1	9	2	7	5	4	8
9	5	8	1	3	4	2	7	6
7	2	4	6	8	5	1	3	9
3	4	6	8	7	2	9	5	1
8	1	7	4	5	9	6	2	3
5	9	2	3	6	1	7	8	4
4	8	5	2	9	6	3	1	7
1	7	9	5	4	3	8	6	2
2	6	3	7	1	8	4	9	5

Page 21

Whose flag is this: Cote D'Ivoire

Page 22

Know your brands: 1 Amazon, 2 Air New Zealand, 3 Spotify, 4 Twitter

Unscramble: aloe, amigo, ergo, galore, gaol, gaoler, giro, goal, goalie, goer, gore, gorier, imago, largo, limo, loam, loamier, lore, moire, molar, mole, moral, morale, more, morel, ogle, ogler, ogre, oiler, omega, oral, oriel, ormer, remora, RIGMAROLE, rigor, roam, roamer, roar, roger, roil, role

Where in the world: Helix Bridge, Singapore

Feeling inspired?

Contact your local travel agent to start planning your next dream holiday

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